



ASOCIAȚIA NAȚIONALĂ DE ÎNGRIJIRI PALIATIVE

The 21st National Conference for Palliative Care

1st Online ANIP Conference

Brasov, 4th – 5th December 2020

Palliative Care in Romania. 2020

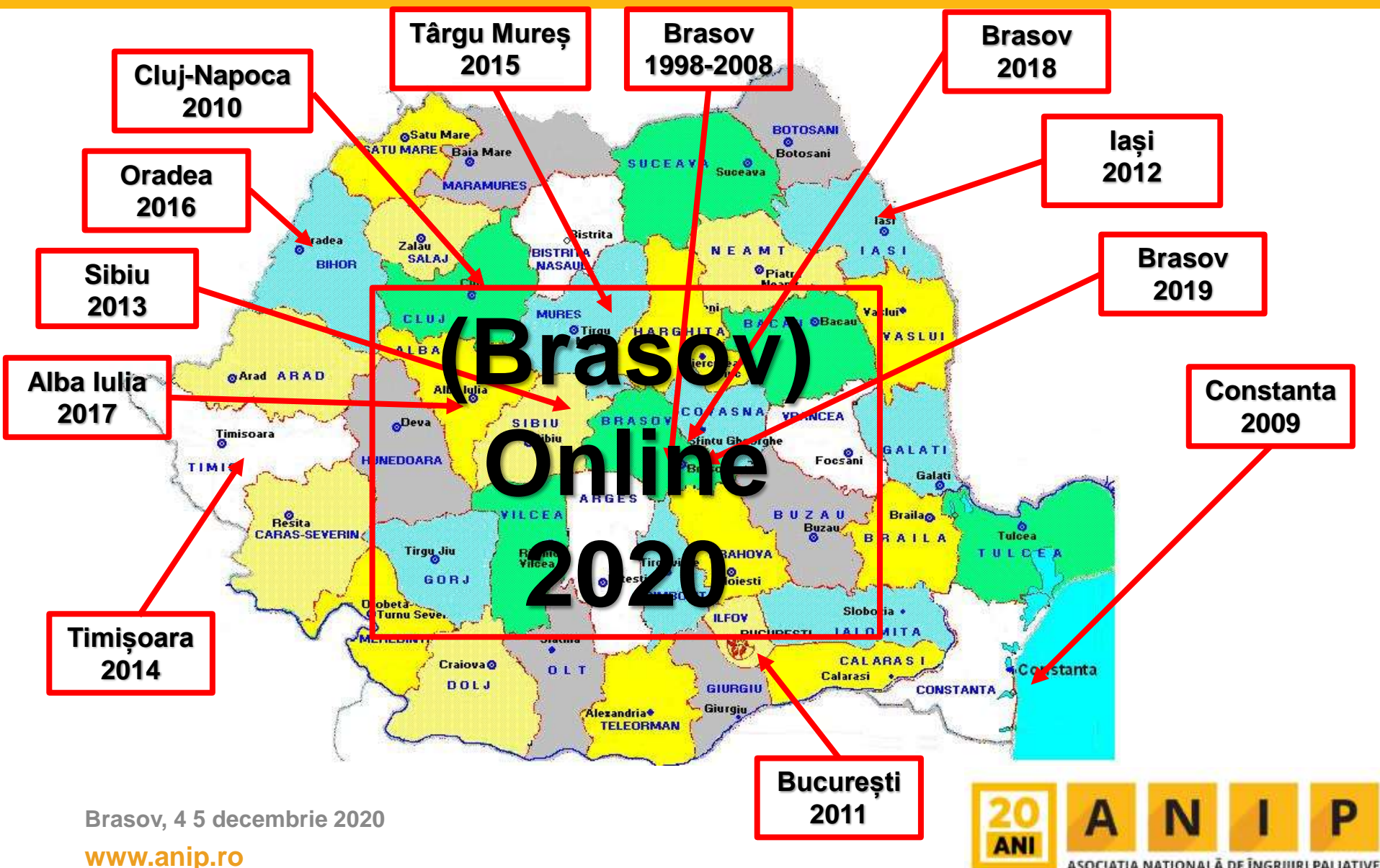


Then...



... and now

ANIP National Conferences 1998-2020



2020 – A year of challenges... ...and opportunities

Strategic development of palliative care (PC) in
Romania

Evolution of PC services

Education programs and projects

2020 – A year of challenges

Strategic development of palliative care (PC) in Romania

Evolution of PC services

Education programs and projects

Strategic development of palliative care (PC)

PALPLAN – Project for the development of a National Program for PC and integration in the Romanian Healthcare system

Partners: Ministry of Health, Ministry of Labour and Social Protection, National House of Health Insurances, National Agency for Quality in Healthcare, Hospice Casa Sperantei

Project objectives:

- Evaluate the need for palliative care
- Analyse international PC delivery models of PC delivery
- Set and pilot new PC services
- Develop quality standards for PC
- Analyse and harmonize legislation regarding PC
- Financing PC services

Brasov, 4 5 decembrie 2020

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Evolution of PC services

Strategic development of palliative care (PC) in Romania

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Evolution of PC services

2006 – 2019 – Services Directories

2020 – First systematic annual report from PC services suppliers (following MoH Order. No.253/2018):

- ✓ Organizational data
- ✓ Data regarding specialized PC services:
 - Inpatient units (hospital wards/independent units/hospices)
 - Home-based PC
 - PC Outpatient clinics
 - PC Day Centres
 - Mobile hospital teams
 - Call centres for patients/caretakers
 - Call centres for professionsist in basic palliative care

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ASOCIATIA NATIONALA DE INGRIDIRI PALIATIVE

Evolution of PC services

Targeted indicators:

- ✓ Type of provider (public, private for-profit, private charitable)
- ✓ Coverage area
- ✓ Beneficiaries, by condition and age
- ✓ Number of PC beds/ visits / consultations / interventions
- ✓ PC team structure
- ✓ Number of FT/PT staff with PC qualification, PC physicians
- ✓ Funding surces
- ✓ Contractual relation with House of Health Insurances
- ✓ Reimbursed and real costs per service

Evolution of PC services

Time for questionnaire submission:

June-July 2020 (extended to November)

TOTAL No. of providers reported: 125

Completed data: **112 (89.6%)**

Incomplete data: **13**

Advantages of present reporting system:

- Centralized data collection through MoH → county health authority
- Support available for data completion

Limitari:

- Some malfunctioning in filling in the online form
- Some questionnaire fields form did not facilitate easy data analysis

Evolution of PC services

- 1. PC inpatient units: 94**
PC hospital wards/independent PC units/hospices
(public, private for profit, private nonprofit)
- 2. Home-based PC: 8**
- 3. Outpatient clinics (16 counties): 28** (14 public, 6 nonprofit, 8 for-profit)
- 4. PC Day centres (2 counties): 3** (ONG)
- 5. Mobile teams in hospitals: 1**
- 6. Call-centre for patients: 5** (3 public, 1 nonprofit, 1 for-profit)

Evolution of PC services

PC hospital wards/independent PC units/hospices



39% in public units
46% in private for-profit
15% in sistem nonprofit

Nr judete	Nr paturi
12	0
6	1 - 20
11	21 - 40
3	41 - 60
2	61 - 80
2	81 - 100
2	101 - 150
1	151 - 200
3	peste 200

TOTAL authorized beds: 2016

TOTAL contracted beds: 1602 (79,5%)

Physicians with PC competence:

171 (16 physicians in 2-3 places)

No mention of the physician's name:

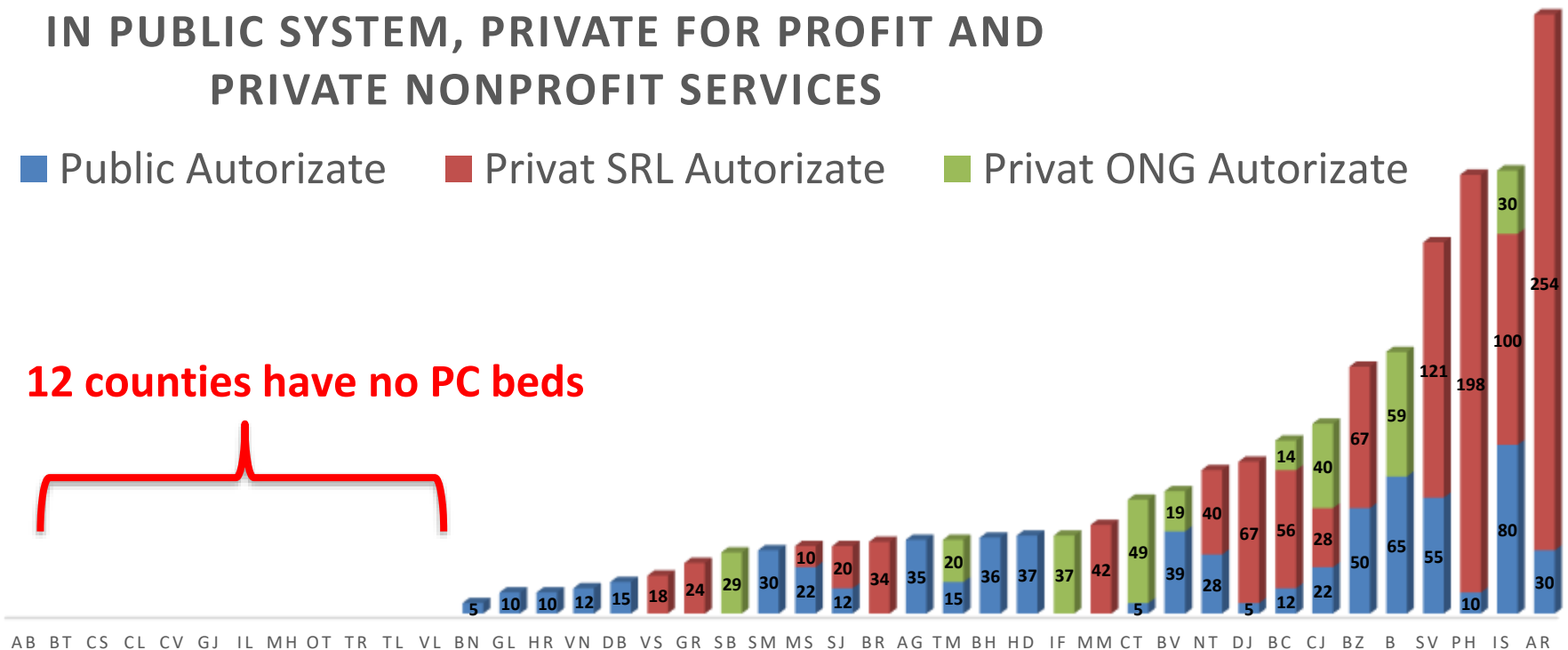
26 providers

1. Inpatient units for PC

NUMBER OF AUTHORIZED PC BEDS IN PUBLIC SYSTEM, PRIVATE FOR PROFIT AND PRIVATE NONPROFIT SERVICES

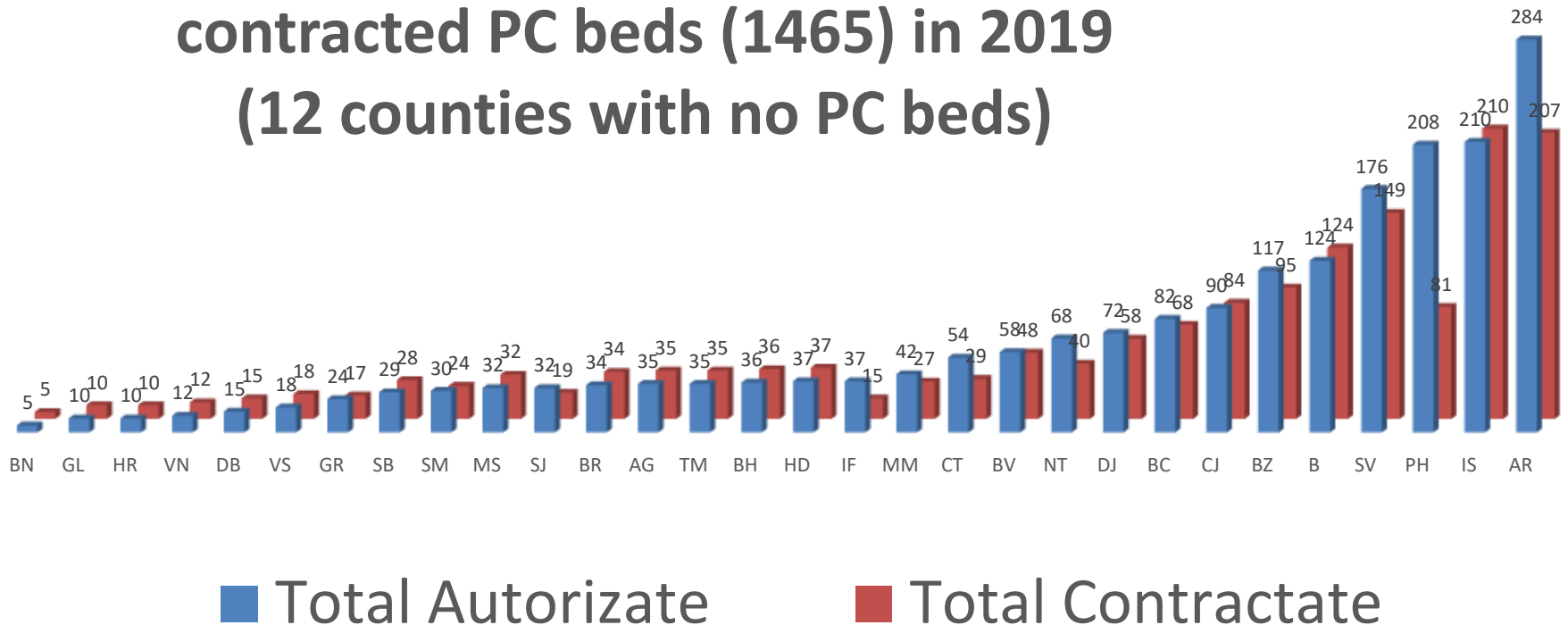
■ Public Autorizate ■ Privat SRL Autorizate ■ Privat ONG Autorizate

12 counties have no PC beds



1. Inpatient units for PC

Number of authorized PC beds (1870) and contracted PC beds (1465) in 2019
(12 counties with no PC beds)



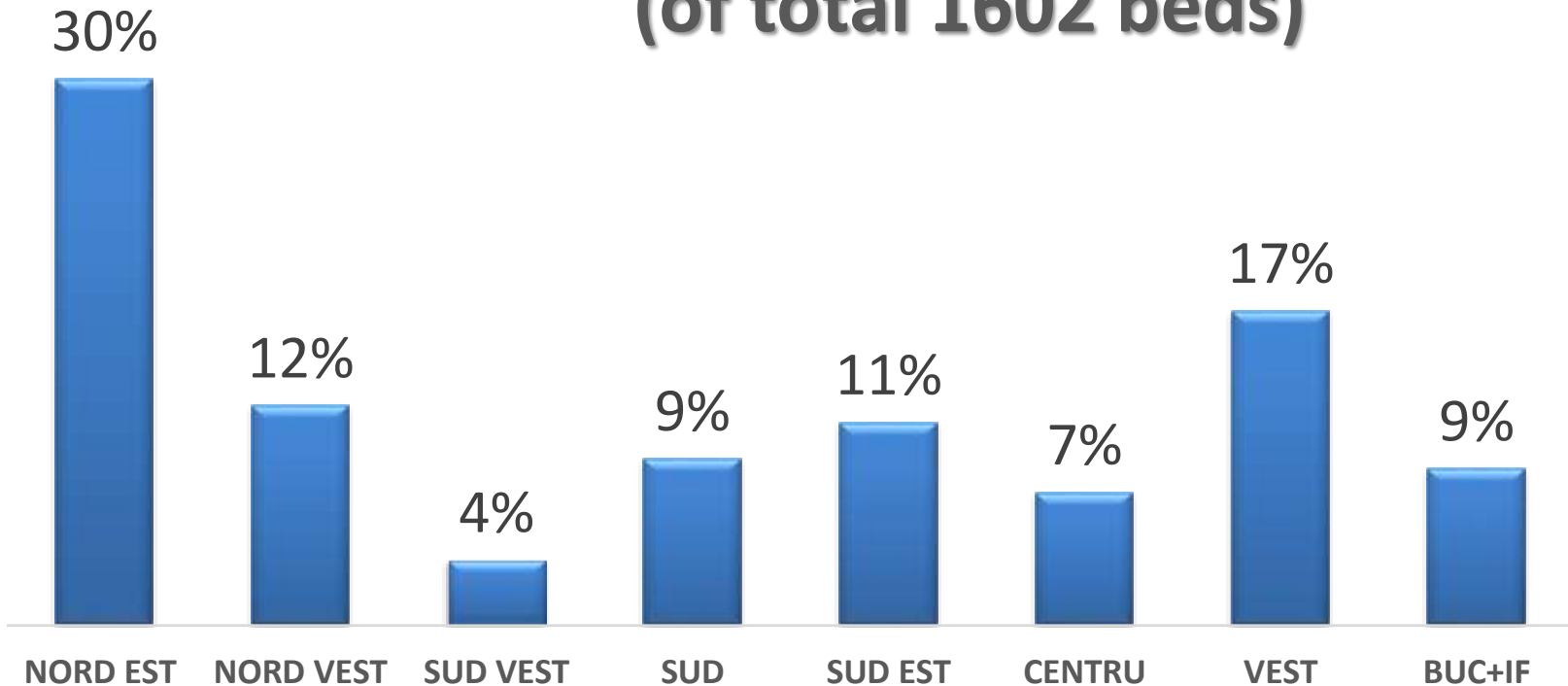
1. Inpatient units for PC

Major disparities:

NE Region = 485 beds (30%)

SV Region= 58 beds (4%)

Percentage of PC beds by regions (of total 1602 beds)



2. Home-based PC

TOTAL providers in 2017: **13** authorized, of which **12 (92%)** contracted

TOTAL providers in 2018: **9** authorized, of which **3 (33%)** contracted

TOTAL providers in 2019: **8** authorized, of which **6 (33%)** contracted

Beneficiaries	County	Organizati on type	New patients	Total patients	Death	% RIP	Contract with HoHI
adulti, copii	Alba	Nonprofit	60	160	35	22	NU
adulti, copii	Bacau	Nonprofit	27	118	15	13	DA
adulti	Bihor	Nonprofit	158	200	149	75	DA
adulti, copii	Brasov	Nonprofit	394	764	377	49	DA
adulti	Bucuresti	Nonprofit	212	292	188	64	NU
adulti, copii	Maramures	For-profit	39	45	26	58	DA
adulti	Maramures	For-profit	33	33	1	3	DA
adulti, copii	Maramures	For-profit	102	102	5	5	DA
TOTAL	6		1025	1714	796	46	

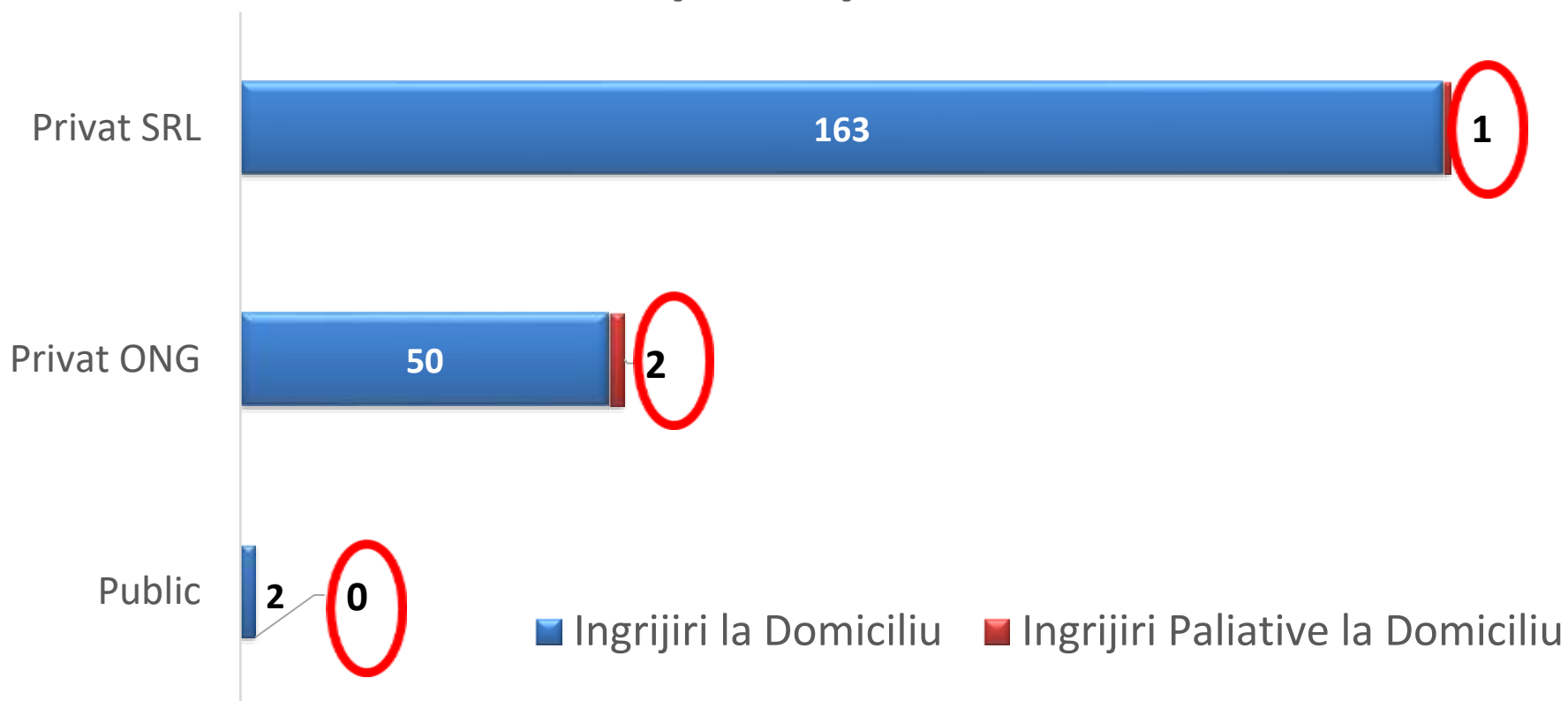
Major disparities:

In 2017: **32 (71%)** counties without home-based PC

In 2019: **36 (80%)** counties without home-based PC

2. Home-based PC

Distribution of general HC and PC-HC among public, private nonprofit and private for-profit providers



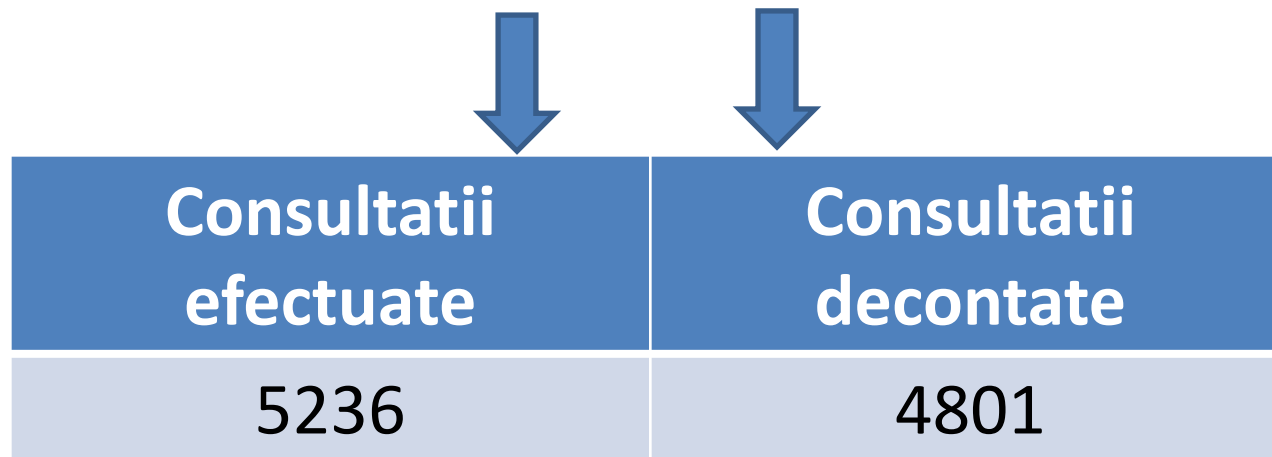
3. Outpatient clinics for PC

TOTAL providers in 2017: **3** nonprofit providers, of which **2** contracted with HoHI

TOTAL providers in 2019: **28** providers in 16 counties

(14 public, 6 nonprofit, 8 for-profit)

of which **19** providers contracted with HoHI



Funding sources: **19** - HoHI, **8** - other sources, **1** - patients fees

4. PC Day Centres

2 NGO providers run 3 day centres in:

- Bacau
- Brasov
- Bucharest

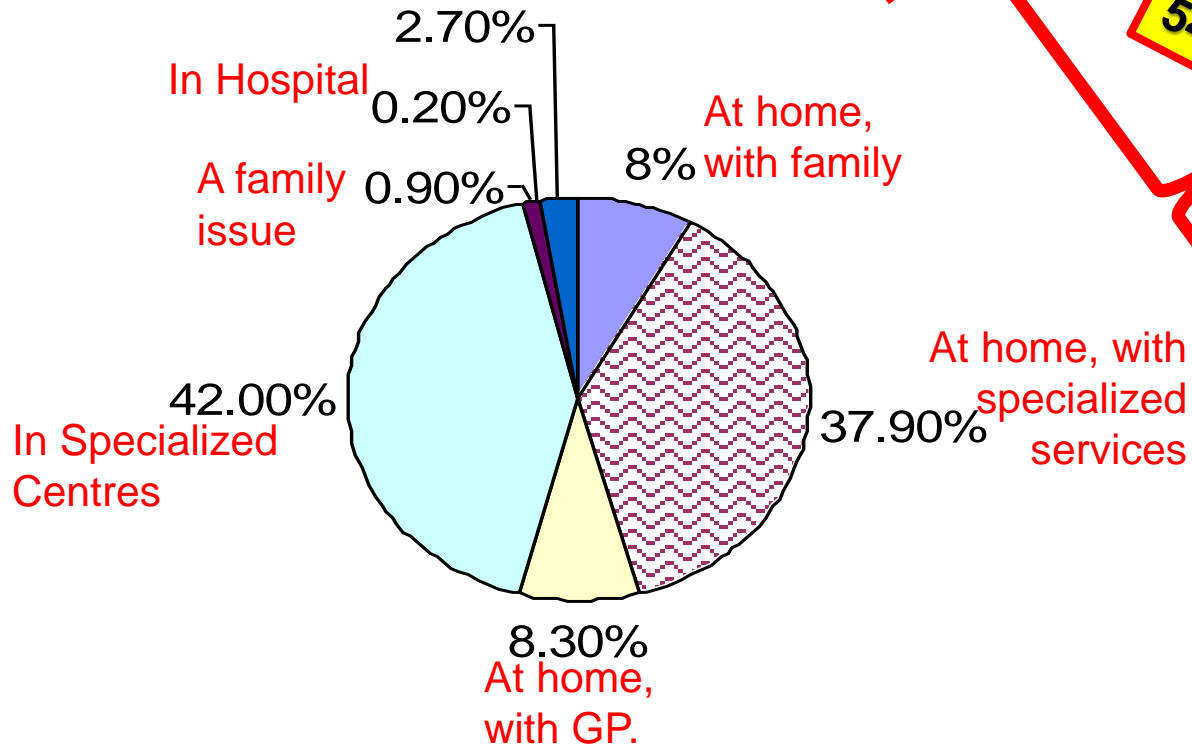
4. Mobile Hospital Teams

4 providers:

- 3 public hospitals (Lugoj, Pascani, Negresti-Oas)
- 1 private provider (Bârlad)

Where patients want services at the end of life

- Ingrijit acasa doar de familia sa
- Ingrijit acasa cu ajutorul unor servicii specializate
- Ingrijit acasa cu ajutorul medicului de familie
- Internat intr-un centru specializat destinat pentru bolnavi incurabili
- Este o problema strict a familiei
- Sa fie internat in spital
- Nu stiu/Nu raspunde



2020 – A year of challenges

Strategic development of palliative care (PC) in Romania

Evolution of PC services

Education programs and projects

Programele si proiecte de educatie

- ❑ **Challenge of the year:** Shift to online/blended education: curriculum, new training methods, adapt to technology
- ❑ **New training centres approved.** Now: Brasov. Bucuresti, Cluj, Iasi, Targu Mures, Timisoara

IP Competence for Physicians: 609 doctors + 125 in process

- ❑ **Multidisciplinary Master in PC** (Transilvania University Braşov, Medical Faculty)

TOTAL	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
370	31	24	23	28	28	25	50	41	28	50	42

- ❑ **First 2 cohorts of nurses specialized in PC:** 61+83=144 nurses

Education programs and projects

EDUPALL (Erasmus+) Project: *“Transposing international recommendations regarding the implementation of a palliative care curriculum in medical universities”*

The final Resolution endorsed by the faculties of medical universities in Romania and the Republic of Moldova, recommends:

“Inclusion of palliative care as a mandatory discipline in the academic curriculum of medical and nursing students”

ANIP endorsed and signed the Resolution, acknowledging the efforts of the international partners and the medical faculties in the project

Palliative care. Where to, in 2021?

- Elections for the Board and President of the Association
- Continue to develop online/blended training
- Resume White Chart project of PC in Romania
- Continue involvement in the development of a National PC program



Then...



... and now