



PARACELSUS
MEDIZINISCHE PRIVATUNIVERSITÄT



WHO Collaborating Centre for
Nursing Research and Education

Speaking about spiritual care and addressing spirituality in patients

Dr. Piret Paal

VOCI PENTRU CEI ÎNCĂTUSATI DE SUFERINTA

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Workshop Agenda

- The ERASMUS+ EDUPALL project
- Look at the proposed teaching plan (menu)
- Give some examples how to use it

Questions to be answered:

Why to speak about spiritual needs (and recourses)?

How to speak about spiritual care?

How to address spirituality in patients and their relatives?



Summary: the UN and WHO state that...

...providing access to “palliative care is an ethical responsibility of health care systems, and that it is the ethical duty of health care professionals to alleviate pain and suffering, whether physical, psychosocial or spiritual.

The WHO defines palliative care as a process involving ‘early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual’. Therefore, all healthcare professionals must be prepared in meeting the spiritual needs of patients, as spiritual needs are common in patients with life-threatening disease.

EDUPALL Learning Outcome

Recognising the spirituality as a resource and need in self-care and care provision, understanding the importance of accessing and supporting patients and families' spiritual needs, integrating patients' and families' spiritual, existential and religious needs in the care plan, and respecting their 'no' if they do not wish to discuss this aspect of their lives.

EDUPALL Learning Objectives

A – Attitudes	Cognition
C – Cognition	<ul style="list-style-type: none">- Defines spiritual care and explain the relationship / differences between spirituality and religion- Describes how spiritual issues affect people with life-limiting conditions and their families throughout the continuum of care- Explains role of the Doctor (and wider MDT) regarding spiritual care, expertise and tasks of multidisciplinary team members in spiritual care.
S – Skills	Skills <ul style="list-style-type: none">- Recognizes signs of spiritual needs/distress- Demonstrates willingness to initiate discussion examining the patients/families spiritual concerns- Shows trustworthiness in seeking additional spiritual support
	Attitudes <ul style="list-style-type: none">- Recognises the importance of the spiritual dimension that sustains physical and mental well-being

EDUPALL: Methods

Learning Methods

Classroom voting (menti.com) – Is there a spiritual aspect to life? Spirituality is...? (to map the tendencies in classroom)

Lecture – Introduction to global and national guidelines, definitions (spirituality, S/R, Spiritual Care, spiritual needs/resources at the EoL, screening/assessment)

Self-Assessment Scales (on paper or online) to identify one's own spirituality/SC competencies

Patient Narrative/Interview/Case Study (read-out-loud, script, audio, video)

According to group size

- **(small group): two students read out loud an interview with a patient, others listen and later comment on proposed questions and patient's wording. The task is to propose a care plan.**
- **(big group): students are presented with a patient narrative and they are asked to propose a care plan online (MOOC discussion board). They are to comment on care plans proposed by three other students. The original plan is to be modified based on received comments.**

Classroom voting (menti.com) I, as a physician, am responsible for my patients' and their caregivers' spiritual well-being because...

Preparing for a lecture



Small, semi-sized, or big group?

Time allocated for the topic?

Make a detailed menu!

Think where your students find themselves!

Be very cautious!



Thema	Methode	Zeit	Ressourcen
Einführung: Krankenhausfahrten	Mentimeter Voting	30 Min	Handy/PC ppt
Meine Spiritualität, Wissen und Kompetenzen	Mentimeter Voting SSCRS Skala SCCS Skala ASP Skala	1 Stunde	Handy/PC Papier_FB Papier_FB Papier_FB ppt
Spiritualität Theoretisch	Zuteilung der Gruppen Wiki – Gruppenarbeit	2,5 Stunden	Handy/PC Moodle
9 SC Kompetenzen	Einzelarbeit	15 Minuten	Papier
Zusammenfassung	Mentimeter Open-Ended	15 Minuten	Handy/PC ppt



Is there a spiritual aspect to life?

Go to www.menti.com
and use the code 699107

Spirituality is...? (3 answers per voter)

Go to www.menti.com
and use the code 699107

Spiritualität ist...



Lecture

Facts and theory

Self-Assessment

JAREL Spiritual well-being Scale (Hungelman et al 1996) SAIL Spiritual Attitude and Involvement List (Meezenbroek, c & van der Berg, 2008)

EDUPALL: Patient Narrative -> Care Plan

- (small group): two students read out loud an interview with a patient, others listen and later comment on proposed questions and patient's wording. The task is to propose a care plan.
- (big group): students are presented with a patient narrative and they are asked to propose a care plan online (MOOC discussion board). They are to comment on care plans proposed by three other students. The original plan is to be modified based on received comments.

Let's Talk

Paal et al 2017,

<http://journals.sagepub.com/doi/full/10.1177/0825859717710888>

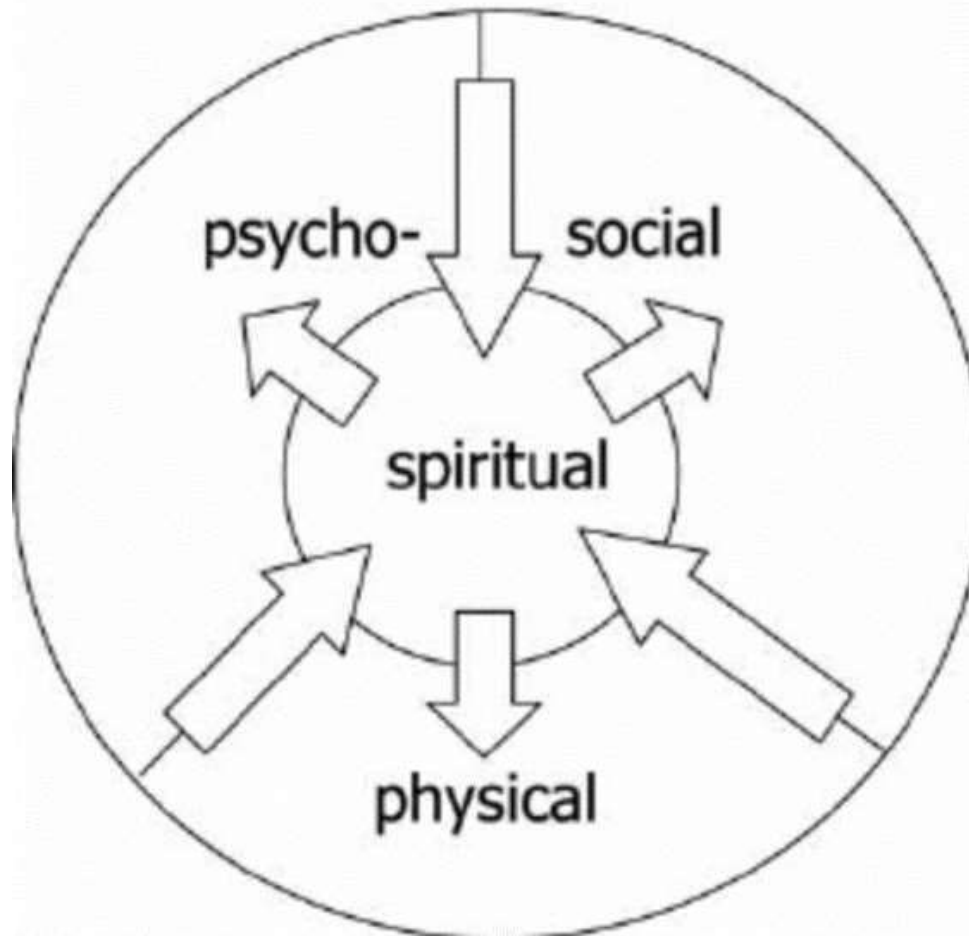


I, as a ... (your profession), am responsible for my patients' and their caregivers' spiritual well-being because...

Go to www.menti.com
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Spiritual Care in Palliative Care

The position of spirituality



I care about the high quality education...



Find your voice to inspire others, so that they can find their voice!

